

the
Top 10
Feng Shui Mistakes
&
How to Avoid Them

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The Top 10 Feng Shui Mistakes and How to Avoid Them

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To order your copy of the book

*Fast Feng Shui:
9 Simple Principles for Transforming
Your Life by Energizing Your Home*

see [page 13](#) of this booklet.

Mistake #1

No Specific Goal

Feng shui works best when you focus your activities on a specific goal or on improving a specific aspect of your life—such as finding a new romantic partner, increasing your cash flow, or locating the perfect new job or employee.

When you define a specific goal, you can then target your personal **power spots**—the areas of your home where feng shui changes will have the most impact for you. The location of your power spots depends on the nature of your goals and the unique layout and arrangement of your home.

Defining specific goals enables you to **empower** your feng shui changes with personalized **affirmations** and **visualizations**. Empowerment is key to your success with feng shui!

To find out how to set goals, locate your power spots, and empower feng shui changes, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #2

Inflexibility

While you should have a specific goal in mind as you feng shui your home (see Mistake #1), it's a good idea to remain flexible about the **outcome**. After all, there might be an even better possibility that you haven't thought of yet!

Know what you want, hold it clearly in your mind and heart while you **empower** your feng shui changes, then release it. Trust that the Universe will bring you exactly what you need, with perfect timing, so you can progress to the next stage in your life.

Sometimes what we think we want won't bring us the greatest success and happiness in the long run. Have a receptive **attitude**, and be open to the surprise outcome that turns out to be exactly what you needed!

To find out more about the importance of attitude and how to evaluate the success of your efforts, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #3

Overdoing It

Feng shui is fun! And that means it's easy to get carried away. If you've hung wind chimes and crystals in every room, have more than one water fountain, and just spent a week's salary on home accessories it's time to slow down!

One of the magical things about feng shui is that **little changes** can be very powerful, if they are in the right spot. One faceted crystal ball in your most important **power spot**, placed with strong **intention**, will do more to shift the energy of your home than making several casual changes in less important areas.

When you make a lot of changes at once, the effect can be overwhelming. Do a few things at a time, and be attentive to shifts in the energy of your home before proceeding with more adjustments.

To find out more about the importance of power spots and the power of your intention, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #4

Doing it for Others

As soon as you start to experience the empowering and transforming effects of feng shui, you'll want your friends and family to get into it, too. Be aware, though, that feng shui is best reserved for those who are **ready** for it. As much as your loved ones might need it, they may not be at a place right now where they can really benefit from or appreciate it.

It's fine to share your enthusiasm with others, and to let them know what feng shui is about. Let them see how much fun you are having, and tell them about the **benefits** you receive, then let them decide to try it for themselves in their own time.

It's never a good idea to make feng shui changes for someone else without their knowledge and consent. Please be **respectful** if others aren't willing to explore feng shui for themselves at this time.

To find out more about the importance of appropriate actions and of being ready for change, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #5

Feng Shui-ing Your Clutter

Clutter is one of the most common feng shui problems. Almost everyone's got some, and most of us dread having to deal with it no matter how much we'd like it to go away.

It's very tempting to skip to the fun part of feng shui, without removing clutter from your **power spots** first. This can actually make the situation worse! You want to activate the good *chi* in your home, rather than the **negative energy**.

Clearing out your clutter is one of the most powerful ways to shift the energy of your home. Instead of looking at clutter-clearing as a dreaded task, recognize it as an effective agent for change. Go to a power spot and spend half an hour removing anything that looks like clutter. You'll be amazed at the shift that this simple change can trigger!

To find out more about the negative effects of clutter, and advice on how to get rid of it, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #6

Expecting a Miracle

Sometimes the **effects** of feng shui really can seem magical or miraculous. When we hear about the incredible results other people have gained from feng shui, we start thinking about all the wonderful things we'll accomplish as well.

Recognize that feng shui is different for everyone, and that the speed and impact with which transformation occurs is different as well. Sometimes a shift happens literally overnight. Other times it can take weeks or even months for the effects of feng shui to manifest.

When the energy in a space has been **stuck** for a long time, or if your own **behavior patterns** are deeply ingrained, it can take a while for momentum to pick up. Be patient, pay attention, and celebrate the little changes that signal greater shifts to come.

To find out more about what to expect from feng shui, and how to achieve the best results, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #7

Ignoring Your Own Style

Feng shui originated in ancient China, and many traditional feng shui objects are new to our western culture. Bamboo flutes, red tassels, and *ba gua* mirrors are effective **feng shui “cures,”** but you may not like how they look in your home.

One of the reasons the Contemporary Western approach to feng shui is so popular is that it allows for a wide range of solutions. It recognizes the power of personal **imagery** and **symbols**, and encourages the use of unconventional cures that have great personal significance to you.

A traditional feng shui object that you don't find attractive will not be as effective for you, so choose **objects** and **colors** that you love instead, so you can shift the energy of your home in a way that suits your own style, taste, and decor.

To find out more about how to select and place feng shui objects, and work with your style, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #8

Delegating Feng Shui

Doing feng shui effectively requires your **time** and **attention**, which can be scarce! It's tempting to just do the easy things, or to make changes without being focused and attentive.

If you hire someone else to move your furniture, paint the living room, hang wind chimes, and shop for a water fountain, make an effort to find small ways to add your own energy to the feng shui tasks that others are performing for you.

It is important not to skip the **empowerment** stage. You can hire someone to repave the front path and plant a new hedge, but that person can't empower those improvements with your **desire for change**. If your time and attention are in great demand, save it for empowering your changes, and let others do the preliminary work.

To find out more about prioritizing your feng shui and making the most effective changes, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #9

Not Following Through

Even when we focus on our **power spots**—rather than trying to do everything at once—most of us still have a sizeable list of feng shui changes we'd like to make. Some will be quick and easy, but others require preparation and follow-through.

It's important to keep the **momentum** going. Try to complete each feng shui task within three days, so the energy you put into it will stay concentrated and strong. If you can't focus on feng shui during the week, make a commitment to doing something each weekend until you've completed your list.

Part of following through on feng shui is taking the time to **evaluate your results**. Write your plans in your feng shui **notebook**, and record what actions you take, so you can look over them later and see how much progress you've made.

To find out more about how to decide what to work on and how to evaluate your results, pick up a copy of [*Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home.*](#)

Mistake #10 Not Reading the Fast Feng Shui™ Series!

The **Fast Feng Shui™** series was inspired by my many clients who said they'd read a book (or several) about feng shui but still didn't know what to do with their space. It presents a contemporary approach to feng shui that is easy to learn, understand, and apply.

Current and future titles include:

Fast Feng Shui: 9 Simple Principles for Transforming Your Life by Energizing Your Home (*August, 2001*)

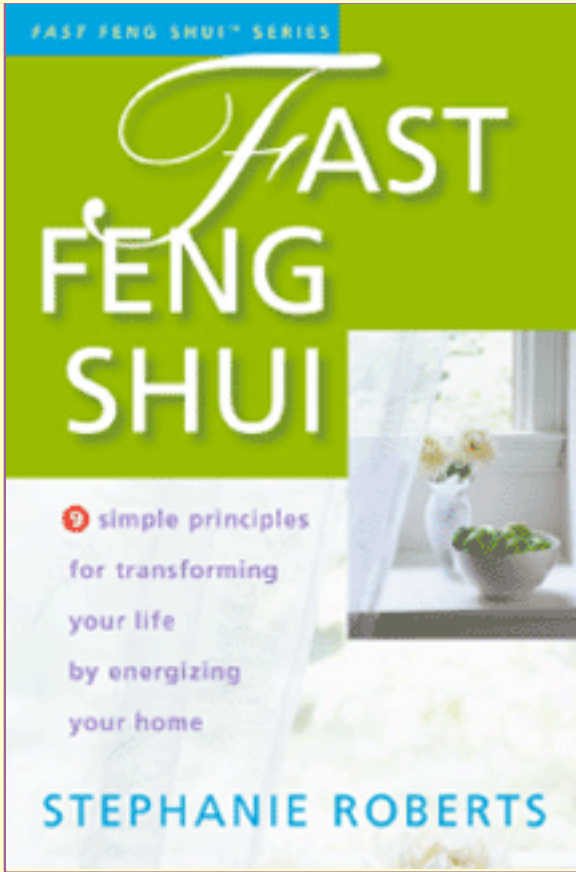
Fast Feng Shui For Singles: 108 Ways to Heal Your Home and Attract Romance (*winter 2001*)

Fast Feng Shui for Newlyweds: Creating Balance and Harmony for Your Life Together (*spring 2002*)

Fast Feng Shui for Prosperity: Guidelines for Living an Abundant Life (*fall 2002*)

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